

Counsellor and CCP Warrant	Contact Details	Clinic Location(s)	Short Biography
Fiona D'Amato (CCP 065)	fiona.damato@gmail.com / 79393187	Hal Luqa, Gudja, Hal Ghaxaq	I graduated as a counsellor in 2012. I mainly take a humanistic approach which aims in seeing the individual's unique, personal potential to explore creativity, growth, and psychological understanding. My work experience include work with students aged 12-15 years old as well as work at Paolo Freire Institute were clients varied from young children, teenagers to young adults. I mainly work with individuals who have issues related to anger, self-esteem, eating disorders, self-harm, relationships, stress, and parent-child relationships.
Stephanie Ciantar Cassar (CCP 008)	stephaniecassar00@gmail.com / 79271958	Santa Venera, Msida	Stephanie has a Masters Degree in Counselling and a Bachelor in Psychology (Hons) Degree from the University of Malta. Stephanie works as a Principal Education Support Practitioner – Counsellor within the Ministry for Education and Employment. Stephanie has over eight years of experience in working with children and adolescents within a school setting, providing individual and group counselling sessions with students and their parents. In private practice Stephanie works with adolescents and adults on a number of different issues including issues involving general mental health and wellbeing, anxiety, borderline personality disorder, trauma, depression and marital conflict. Stephanie also works with children and adolescents with autism spectrum disorder as well those with various learning difficulties and academic concerns.
Veronique de Gabriele Ferrante (CCP 063)	veroniquedegabrieleferrante@hotmail.com / 79049415	Santa Venera	I have worked in a Community setting, helping clients with various different issues varying in nature. Some issues include sexual identity, cancer-related support for caregivers, couples' issues, domestic violence and trauma, among others. I also worked in a more medical setting, helping clients with eating disorders and obesity. I work with individual clients, couples and groups.
Marisa Mintoff (CCP 066)	marisa.mintoff@gmail.com / 79071176	Zebbug Malta	I have been working as a Guidance teacher for 18 years. For the last 10 years I was assigned counselling duties too. Part of my practicum was at Caritas Floriana. Although I work with all ages my main area is with children, adolescents and young adults.

**Etienne Gatt
(CCP 056)**

etgatt@gmail.com / 79258273

**San Gwann
and Naxxar**

Etienne has graduated with a Master in Counselling with distinction from the University of Malta and apart from his counselling practice he is also a Human Resources professional, with specialisation in recruitment and performance management. Etienne is also involved in the Malta Association for the Counselling Profession and has served two terms with this association and union, currently holding the role of PRO.

In his counselling practice, Etienne has primarily worked with adults and holds experience in the fields of domestic violence, eating disorders and career counselling. His work is primarily focused on a humanistic approach with particular influences from Adlerian and CBT approaches.

**Chantelle
Sciberras
(CCP 089)**

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99885960

Naxxar and
Marsascala

With an 8 year experience my areas of specialization are mental health issues stemming from personal and also organisational/work related demands and behavioural problems in children, adolescents and adults.

Amongst using varied therapeutic tools and skills, I have received specialized training in:

- EMDR (Eye Movement Desensitization and Reprocessing - a therapeutic approach used mainly in traumatic situations);

- DBT (Dialectic Behavioural Therapy - a therapeutic approach used mainly with individuals who have been diagnosed or are showing symptoms of Borderline Personality Disorder);

- Incredible Years (a 10 week programme based on positive parenting skills for parents and children/adolescents).

**Michelle
Frendo (CCP
032)**

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NA

College Counsellor

**Ina Lempereur
(CCP 062)**

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99426932**

Naxxar

The mindfulness-based approach that informs my counselling work is person-centred, and an expression of my own unique diverse life experiences and life wisdom. I see a diverse group of clients, mainly adults representing a wide range of different cultural backgrounds. I work with people who have a variety range of problems including eating disorders, weight issues, depression, marital & relationship issues, and transition changes such as retirement, grief, changes in marital status & adjusting to expatriation. My academic background is in Psychology (B. Psy. (HONS.) specializing in organizational psychology (MSc. Org.Psy. (Birkbeck)), and Counselling (MA. T. Couns.). As a transcultural counsellor, during my training & practice, I have dedicated many hours of my life to reflect on myself as a cultural being, for my own healing and transformation. I now use gained knowledge and my own continuous growth to help the transformation and healing of the diverse people who seek my help. It is from this place of being that I approach counselling work. I see the counselling process as a joint journey of self-exploration. Together with the client, I work to explore the client's inner world through dialogue and deep compassionate listening.

**Jeanine
Balzan
Engerer (CCP
052)**

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+35679834203**

**Sliema and
Had Dingli**

I find counselling to be a safe space where one may feel comforted whilst going through a challenging time in their lives. My main aim is to provide safety in a nurturing way whilst accompanying people in their journey of life. Counselling is ideal for anyone who would like to feel supported whilst discussing difficult issues which may help to provide new understandings of the matter. I obtained my Bachelors Degree in Psychology, Postgraduate Diploma in PSD (P.G.C.E in PSD) and Masters in Counselling specializing in children and adolescents at the University of Malta. During my course of studies, I have conducted my counselling placement at Dar Kenn ghal Sahhtek focusing on eating disorders, Salesjani Sliema conducting group therapy for adolescents and individual counselling at St. Patrick's Salesian School. My areas of interest are children and adolescents, eating disorders, bereavement, relationship difficulties, loss, depression and personal development.

Josef Mizzi (CCP 049)	josefmizzi079@gmail.com / 79317433	B'Kara and Ghaxaq	I work as a full time counsellor at MCAST and privately. I work with various ages and different presenting issues. My main interests are couples, adolescents and addictions.
Nicolette Camilleri (CCP 073)	nicolcam19@gmail.com / 79703040	Naxxar	I have 5 years counselling experience in private practice and have been employed as a counsellor for the last 7 years. I have offered counselling to young people and adults during this time.
Alison Tanti Micallef (CCP 110)	alison1care@gmail.com / 2099 5704, 7984 3223	Dea Aesthetics and Wellness, 12, Fleur De Lys Road, B'Kara	After 15 years teaching in a Secondary school, I decided to further my studies in Transcultural Counselling after becoming passionate with the Adlerian School of thought and its benefits for parenting and teaching. To experience something different, I also practiced at Casa Arkati and Dar Kenn ghall-Sahhtek. My dissertation focused on counselling while going through IVF. I offer counselling to all adolescents and adults with any issues they wish to tackle including, infertility issues, self esteem issues, eating disorders, parenting issues, individuals or couples going through the adoption process, depression, anxiety, and relationship issues.
Dione Mifsud (CCP 001)	dione.mifsud@um.edu.mt / Mob 99833174 Paola 21697082	Kappara and Paola	Dione Mifsud is the President of the International Association of Counselling (IAC) and Head of the Department of Counselling at the University of Malta. He is also a former Head of the Department of Psychology at the same university, a former Head of the University of Malta Counselling Unit and past President of the Malta Association for the Counselling Profession (MACP). He designed and presently coordinates the first Masters in Counselling programme offered by the University of Malta. He also co designed and coordinates an international Masters programme in Transcultural Counselling previously with the University of Maryland at College Park and currently as a collaborative degree with the University of the Cumberland USA. His research interests include topics around counselling ethics, counselling supervision and transcultural counselling. Dione provides generic counselling for couples, youngsters and adults using humanistic, gestalt and narrative approaches.

**Moira Sammut
(CCP 072)**

**moirasammut@gmail.com /
+35699041225**

Dingli

Ms Moira Sammut is a guidance teacher and counsellor by profession. She holds a B.Ed (Hons) and has taught both in secondary and the primary sector. She also holds a Post Graduate degree in Career Guidance and a Master in Counselling. She has been working for the past years within the Child Safety Service unit at the National School Support Services. Her counselling areas of interest are children and adolescents. However, she has worked and done counselling also on a voluntary basis in various entities giving a service to adults.

**Sara
Baldacchino
(CCP 013)**

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**Gudja, Qormi,
Zurrieq**

I obtained my Master's in Counselling in 2016, following a Master's in Social, Emotional and Behavioural difficulties in 2012, both from the University of Malta. I worked with various client groups; ranging from those affected by eating disorders, social problems, relational difficulties, bereavement, anxiety and depression to those who wished to engage in self-exploratory work.

I worked in schools with diverse clients for eight years; those going through their parents' separation, victims of abuse, domestic violence and other psycho-social issues.

I am currently employed as full-time counsellor at MCAST where I meet clients with a vast array of difficulties. During sessions I make use of an eclectic approach so as to cater for the individual needs of the clients.

I am a visiting lecturer at the University of Malta where I lecture about the impact of psycho-social issues on children's educational attainment. I have also contributed to publications related to behavioural issues and positive mental health.

**Antonella
Grasso (CCP
076)**

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99631407**

**Fgura and
Marsascala**

Antonella has a Masters Degree in Transcultural Counselling and a Bachelor in Psychology (Hons.) Degree from the University of Malta.

Antonella has worked at Caritas San Blas with both male and female residents dealing with drug and substance addiction. Additionally, she has also had the opportunity to work with groups at Dar Kenn Għal Saħħtek. This group counselling experience gave her the chance to work with issues relating to eating disorders.

At the moment, Antonella works therapeutically with children and adolescents who are coming from diverse backgrounds with a number of different issues. Antonella also works with families who are going through difficulties such as marital conflict, troubled relationships between family members, parenting, and mental health difficulties. Her main areas of interest include working with children and adolescents, depression and mood disorders, general mental health and wellbeing, confidence and self-esteem issues.

**Katinka Zahra
Lehtonen
(CCP 083)**

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99489870**

**HealthPlus
Clinics St.
Venera**

Katinka earned her Master's Degree in Counselling from University of Malta in 2016 and her Master's Degree in Social Emotional and Behavioural Difficulties in 2012. She provides counselling in various areas including individuals and family members of persons with health issues, sexual difficulties, bereavement, those experiencing bullying or domestic violence, behavioural difficulties in youths, couples and individuals interested in achieving personal growth.

Through practice placements, studies, voluntary work and private practice experience, Katinka has gained the skills in therapeutic settings, and in the human services field. Throughout various placements Katinka has worked with users of illicit substances and their families, victims of domestic violence and clients going through various medical issues. Katinka has also been working in an educational setting since 2008 in which she has worked extensively both on an individual and group setting with students with social problems, behavioural difficulties, anger management issues and providing emotional support.

By means of an eclectic approach, she strives to help individuals gain personal growth, a better understanding of themselves, empowerment and bring awareness to the clients' inner strength.

In her free time, Katinka enjoys spending time gardening, cycling and expressing herself through art and music.

Jesmond Friggieri (57)	jesmond.friggieri@gmail.com / +35679603358	Pieta'	Has worked with families for 7 years within the Family Services of Agenzija Sedqa. Recently has been part of the team of Counsellors of Cana Movement (2008-2017) and now is offering individual (adults) and family counselling.
Santina Camilleri (CCP 015)	santina230@gmail.com / +356 79703383		<p>Santina has been working with people with addiction problems since 1998. She completed a drug rehabilitation programme in 1985. Since then it has been her passion to guide and support others in their struggles with addiction. She has a B.A. Hons in Youth and Community Work at the University of Malta and has completed a Masters in Counselling. She specializes in addiction. Today she manages four units within Caritas New Hope where she supports clients, both male and female in relapse prevention skills and recreating a new way of living. Issues such as shifting addiction, co-dependency, gambling, identity, self-esteem, family roles and also spirituality are given weight in their recovery process. Other needs are also supported such as legal, health and employment. The family/support person/s is also supported. The semi-residential is a halfway house, where we welcome residents coming out of San Blas and other units to reintegrate in society, Together we try and find a place for them in society, through hobbies, employment and a sense of belonging.</p> <p>The Re-Entry and the After Care phases are phases that a person experiences after his or her stay in a residential setting. Often this can be perceived as probably the most critical phase of an person's road to recovery. The Evening Programme on the other hand is an Outpatient Unit.</p> <p>For some it will be through goal setting ... for some through helping the person cope with home issues... for some through discovering the interplay between mind and body and spirit and for some through addressing irrational thought patterns...</p> <p>Within the 3 programmes we offer individual support/workshops/seminars/activities and group therapy to the person and also to his / her family or support person/s.</p>
Jenny Zammit (CCP 109)	zammitjenny@gmail.com / +35679421968	Naxxar	Jenny has trained in Malta and the Uk in counselling family therapy and supervision. She has been working in these fields for over 30 years.

Carmen Galea **carmen@blossomfoundation.org.mt /**
(CCP 004) **25986720**

I work as a school counsellor at the St Paul's Bay primary school as part of a project run by the Blossom Foundation and The President's Trust. I am a board member of the Council for the Counselling Profession, founding member and currently the Vice Chairperson of Home-Start Malta. I was President of the Malta Association for the Counselling Profession for seven years and Membership Chair of the International Association for Counselling for five years. I lectured on Child Abuse at the UoM. My special area of interest is family relationships

Anna Catania **annacatania39@gmail.com /**
(CCP 029) **79291817/25454573**

Willingness
Clinic Haz-
Zebbug, 143,
Blue Grotto
Ave, Zurrieq

My background is in the Health Sector initially graduating with a first class honours degree in Nursing followed by a distinction in a Masters in Counselling degree. I work with clients facing various life challenges including problems with self-esteem, anxiety and personal growth, struggles with bereavement and trauma and relationship issues. My masters dissertation has focused on the experience of men when their partners go through breast cancer treatment and I work with individuals and families facing cancer at Mater Dei Hospital and privately.

I have a particular interest in working with clients who are having difficulties with sexuality and intimacy. In fact I was a participant of the European School of Sexual Medicine which addresses various psychosexual issues through research based knowledge and practice. Moreover, I am currently reading for a post-graduate diploma in psychosexual and relationship therapy in London to further my knowledge and training in this area.

Deborah Attard (CCP 035)	yata.counselling@gmail.com / 79058575	N/A	Masters in Counselling (University of Edinburgh). Started practicing in 2008 and have worked since then with children, youths, families and couples.
Charisse Boffa (CCP 038)	charisseboffa@gmail.com / 79204130	TherapyWorks, Gwardamangia & Bloom Psychology Clinic, Msida	<p data-bbox="1160 288 2074 316">B.Psy.(Hons)(Melit.),P.G. Dip. Probation Services (Melit.), M.Couns. (Melit.)</p> <p data-bbox="1160 352 2074 475">I am a warranted counsellor and was awarded a Master degree in Counselling in 2014, specialising in Community Counselling. Throughout the course of studies I have conducted my counselling placement with the Caritas Counselling and Social Work team.</p> <p data-bbox="1160 507 2074 778">I currently work with offenders on community based sanctions at the Department of Probation and Parole, thus I deal with addictions, perpetrators of abuse and other individuals with challenging behaviour. My dissertation, titled 'The Voice of Aggression' focused on individuals who manifest anger management problems. I also hold a post-graduate diploma in Probation Services and an honours degree in Psychology. I was previously employed by the Agency for the Welfare of Asylum Seekers (AWAS). My clients were individuals from multicultural backgrounds, mainly individuals who had fled their home countries in Africa.</p> <p data-bbox="1160 810 2074 869">My areas of interest are; anger management, adolescents and individuals facing relationship difficulties, existential uncertainties and anxiety issues.</p>

**Matthew
Bartolo (CCP
029)**

**Matthew@willingness.com.mt /
79291817**

**Willingness
Clinic, Triq
Mikiel Ang
Sapiano, Haz-
Zebbug,
ZBG1807**

Matthew is a counsellor specialising in Sex and Relationships. He is the founder of Willingness Team (<https://www.facebook.com/willingness.com.mt/>). Willingness Team is a multi-disciplinary group of professionals working together to offer services related to family; sex; and health. His background is in psychology (B. Psy(Hons). University of Malta), counselling (Post Grad. Adv. Dip. in Humanistic & Integrative Counseling) CPPD Counselling School, London) and teaching (PGCE (PSD) University of Malta). He is also a qualified Sex & Relationship therapist (MSc in Sexual and Relationship therapy).

Matthew has presented in international and national conferences. He gives talks about motivation; parenting; sex and sexuality, and more. He has taught and delivered talks to diverse professional organisations about the importance and way of dealing with sex and sexuality with clients / patients. Having worked with a lot of different organisations, he has learnt a lot about life's challenges and how different people cope. Matthew has worked with asylum seekers, addicts, couples, children, LGBTIQ, and children in homes, amongst others. These people have all taught him a lot about life and what a difference counselling and a positive attitude can make.

Matthew is also a member of the British Association for Counselling and Psychotherapy. British Association for Sex Educators, Malta Association for Counselling Profession, and College for Sex and Relationship Therapies.

**Josianne
Cordina (CCP
021)**

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79261106**

Gozo

As a counsellor, I seek to provide a space for the clients in which they feel safe to talk about their emotions and difficulties in a confidential environment. The reason behind my choice in entering the counselling profession stemmed from my own personal therapeutic experiences, where I was inspired to acquire the skills and knowledge in order to help individuals process experiences/emotions that eventually lead to living a more fulfilling life.

I received my first Bachelors Degree in PSD from the University of Malta (2009) and completed my studies in 2012 where I obtained a Master's degree in Counselling (2016) with specialization in Children and Adolescents (Trauma, Grief and Loss, Stress, Anxiety, Depression, Self-Esteem, Anger Management, Separation, Divorce, Behavior issues, Relationship problems, Other family difficulties). In 2016, I furthered my studies and had completed a Post Graduate Certificate in Educational Mentoring (2017).

My work experiences span across diverse traineeships and employments in different organizations and populations. In the past years, I have been conducting counselling sessions with young children and adolescents within the school environment who experience inter- and intra-personal issues, behavioural difficulties, and familiar problems. In parallel, I have been working with adult addicts and victims of violence on self-growth, relationships and mental health issues amongst others.

As a counsellor, I seek to promote the importance of taking care of one's mental well-being and to overcome the stigma that often accompanies psychological difficulties.

In my practice, I take on an individualistic approach depending on the need of each and every client. Despite the hardships and setbacks faced, I believe that every individual has the potential to achieve the beauty and the sense of purpose in life.

**Alan Seychell
(CCP 096)**

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Individuals and Couples Counselling are my main areas of interest. I have been seeing clients for nearly 3 years

**Michelle
Zerafa (CCP
081)**

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**Hamrun,
Bugibba,
B'Zebbuga**

Michelle is a warranted counsellor, theatre arts practitioner and a lecturer.

As a counsellor she works with children, adolescents and adults. She graduated in Psychology and obtained a Post Graduate Certificate in Education in Personal and Social Development from the University of Malta. She obtained an ATCL Performing Diploma in Speech & Drama from Trinity College London and a Master in Counselling from the University of Malta.

Michelle has worked with children and adolescents in the education psychosocial support sector for a number of years, as well as in the fields of online interventions, domestic violence, addictions, bereavement, anxiety and depression and couple and relationship counselling. She also worked on a President's award project aimed at using theatrical creative expression to help core participants explore their issues, and also express their voices, with the support of a qualified drama therapist. Thanks to another three mental health practitioners this idea evolved from her dissertation project, a narrative thematic analysis: Voices Expressed! Development of Maltese mental health practitioners' narratives of injustice through Theatre of the Oppressed techniques included an actual intervention using drama in the mental health context.

Michelle lectures Development of Emotional Intelligence to postgraduate students. She believes that counselling can provide people with a safe space to journey through self- discovery. She also believes that when people are acknowledged and recognised for whom they are, together with the necessary support, they are then able to identify their inner strengths and use them as empowering tools to find ways of working through their difficulties.

Michelle is fascinated by nature, mindfulness, fusions and the power of connection.

**Johanna
Rizzo (CCP
075)**

**johannarizzo8@gmail.com / +356
79804180**

After a career in teaching at primary and secondary level in state, church and private schools, I moved on to read for a Master degree in Counselling.

Opting for the community counselling specialisation, the spectrum of difficulties encountered is very wide and includes amongst others mental health, relationships and addictions. My areas of focus are related to issues of disability, gender identity, infertility, domestic violence and bereavement.

Having had practicum placements at The Millennium Chapel, The Prison Inmate Programme, Dar Merhba Bik and St. Martin's College has given me the opportunity to work with people from all walks of life and having diverse needs. Such experiences and exposure has enabled me to practise and implement the many types of counselling techniques and deliver appropriate therapies that best address the clients' presenting issues.

**William
Hayman (CCP
040)**

willhaym@gmail.com / 79094751

In my practice as a counsellor I am continuously fascinated by the basic skill of active listening. I strive to provide others the opportunity to be heard through an eclectic approach founded on a strong Rogerian basis. As a counsellor I prioritise working with the client's pace through a genuine relationship based on trust, care and respect, towards providing a secure space for one to reflect, share and process personal difficulties, thoughts and emotions.

During my Master's Degree in Counselling I specialised my studies in Community counselling. I distributed my practicum hours in different fields to elicit a range of experience. I was privileged to work with adolescents, adults and children who have experienced domestic violence, inmates, and other walk in clients whose issues ranged from bereavement, dealing with change, depression and familial concerns.

Presently, I have been working for the past three years as a counsellor within a government college; adding schoolchildren, parents/guardians and members of staff to my repertoire of experience. In said role, I work together with the college's psychosocial team of professionals through consultation with the sole goal of planning and providing the most effective way forward for each of our students and their families.

**Leonard
Griscti (CCP
017)**

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Western Region

Mr Griscti is a seasoned helper in the social field, having been engaged in helping environments since the 1990's both locally and overseas. He started his career as an educator, subsequently branching out to Youth Work and Counselling. Besides his Master in Counselling degree, he also holds a Master Degree in Youth & Community Studies. As a counsellor he worked with clients from different age groups, hailing from diverse backgrounds and struggling with a wide spectrum of life challenges. He is a strong believer in human resilience and uses an eclectic counselling approach tailored to the needs of the individual client. Areas of interest include: self-esteem, assertiveness, personal development and identity, relationship difficulties, depression, health issues, bereavement & grief, abuse & trauma recovery, anxiety, sexual identity, adolescent development and related challenges.

**Marthese
Vassallo (CCP
088)**

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79092413

Marthese Vassallo is a warranted counsellor. She received her Master of Science degree in Integrative Counselling & Psychotherapy at the University of Derby and her Master of Arts in Education (Pastoral Care) at Loughborough University, both with Distinction. She also holds a Post Graduate Adv. Dip. in Humanistic & Integrative Counselling from CPPD Counselling School, London. Marthese has over 20 years of experience in counselling, 12 years of which she maintained a weekly volunteering commitment working with couples. She is currently in full time employment as a Senior Counsellor where she carries out counselling sessions with adolescents and adults, and mentors a team of counsellors and other professionals in the field. Her area of special interest is working with victims of sexual abuse, an area she thoroughly researched throughout her studies. She provides counselling to adults with a range of issues including but not limited to: self-esteem, understanding oneself better, relationship problems, depression, abuse, suicide ideation and self-harm.

**Niamh
(Neeve)
Donoghue
(CCP 085)**

**niamh.counsellor@gmail.com /
79013207**

**Klinika San
Guzzep Naxxar**

My name is Niamh and I relocated to Malta in 2012 to continue my studies undertaking a Master in Counselling at the University of Malta. I currently hold a Masters in Transcultural counselling and a Masters in School psychology, Counselling Psychology and Counsellor education. I currently work with adults and conduct my sessions through English.

My practice is dedicated to helping individuals to live a more fulfilled life. I believe that our mental health plays a significant role in our everyday lives, it determines how well we deal with everyday stresses as well as the more difficult periods of our life.

I take a person centred approach to my practice. Clients will be encouraged to enhance their ability to stop, take note, acknowledge and critically assess their actions, behaviours, thoughts, feelings and internal processes.

**Suzanne Pace
(CCP 071)**

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**Mosta/
Pembroke**

I am a State Registered Nurse by profession. Working with people passing through difficult times, instilled my interest in psychology. After graduating from Psychology, I started my Master in Counselling, during which I worked in the community, in primary and secondary schools and with women and children who were victims of domestic violence. My specialization is with children and adolescents, and am currently working as a Counsellor in a secondary school.

I believe in the holistic approach, that every person has the potential to find their own strength through Counselling. I believe in the therapeutic alliance and personal empowerment which can enable a person to live a healthy balanced life.

Counselling adolescents and couples.

**Melanie
Bonavia (CCP
009)**

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<p>Maria-Gabriele Doublesin (CCP 036)</p>	<p>mdg@intercultural.com.mt / 99705686</p>	<p>San Pawl tat-Targa</p>	<p>Counselling services in English, German and Dutch language. She also understands and speaks moderate Egyptian Arabic. Maria-Gabriele is a multilingual German born Maltese citizen. She holds a dual Masters Degree in Transcultural Counselling (University of Malta) and Community Counselling (University of Maryland). She worked for 15 years as member of the therapeutic team of Prof. Hashim Bahary, Prof of Psychiatry and Neuropsychiatry, HoD Psychiatry, al Azhar University, Cairo, Egypt. She is specialized in issues related to cultural adjustment, as well as trauma and substance abuse. Besides her work with individuals she also offers diversity related training programs for Organizations and Companies in Malta and abroad</p>
<p>Michelle Frendo (CCP 032)</p>	<p>shellfrendo@gmail.com / 77461095</p>		<p>College Counsellor</p>
<p>Jessica Calleja Millo (CCP 077)</p>	<p>jessimillo@gmail.com / +356 79902820</p>		<p>B. Psy (Hons) M.A. TCouns</p>
<p>Suelle Micallef Marmara' (CCP 006)</p>	<p>suellemicallef marmara@gmail.com / 79541417</p>	<p>Naxxar</p>	<p>Suelle Micallef Marmara' started her professional career within the nursing profession. As a Staff Nurse for 13 years she worked at both adult and neonatal/ paediatric intensive care units. Through this experience she developed an interest within the psychological field and furthered her education by reading a Masters of Arts in Transcultural Counselling and a Masters in Gestalt Psychotherapy. With the ever-growing number of immigrants and refugees in Malta, together with her interest in adolescence, she researched the effects of immigration on the psychosocial development of adolescence. During her practice she worked with immigrant adolescents, women and children experiencing domestic violence, and with women and prisoners following drug rehabilitation programs. Having established the counselling services of a new infertility clinic at Mater Dei Hospital, Suelle then moved into the educational sector. She now manages the counselling services in 7 different schools within St. Ignatius College that supports adolescents, children and their families. In the meantime she also runs her own private practice where she caters for people from all walks of life. Over the last two years she has been a member on the council of counselling which regulates the counselling profession in Malta and has recently finished a post grad certificate in counselling supervision with the University of Malta.</p>

Stephanie Deguara (CCP 048)	deguarastephanie@gmail.com / 79271133		I have been employed with the Secretariat for Catholic Education since 2004, working as a School Counsellor in various Primary and Secondary Church Schools. I have a special interest in working with children in Primary Schools and firmly believe in the importance of tackling difficulties at an early stage in childhood to prevent problems aggravating later on . I strongly encourage collaboration between professionals and the family for the best possible outcome .
Joanne Vella (CCP 102)	velljoa@gmail.com / 79892312	N/a	I am a graduate from the Master in Transcultural counselling. My first degree is Bachelor in Psychology. I am currently employed as a counsellor within the educational system, and I work with children in both primary and secondary schools. I am also a volunteer counsellor within Victim Support Malta. In the past I have worked, as an LSA, teacher and as a tutor. In my counselling I take on a person-centred approach, meaning that empathy, non-directiveness and the empowerment of the client, are an integral part of my counselling. I believe that within each person there is pool of resources, which can help them overcome challenges and move forward, towards growth and healing. Thus in counselling I seek to help the client connect with this pool of resources and if need be to expand it. I am also interested in how different forms of creative expression can be used therapeutically, in order to foster healing and growth.
Charlotte-Ben Micallef (CCP 082)	charlotte.mcllf@gmail.com / 99392996		A positive relationship focusing on wellbeing where people can develop.
Stephanie Caruana (CCP 019)	caruanastef@gmail.com / +356 79539056	Sliema	As a community counsellor, I work with people experiencing a wide variety of difficulties, mainly issues related to themselves, their relationships and any other family-related issues. I also deal with people suffering from depression, anxiety and stress-related concerns. I have vast experience in addiction work, having worked in this field for almost 15 years and I am particularly interested in working with people coming from diverse cultures, especially after having worked and lived in foreign countries for the last couple of years. I have a keen interest in integrating spirituality within my counselling practice and in empowering people search for meaning and purpose in their daily life. I work with adults and individuals.

<p>Isabel Camilleri (CCP 022)</p>	<p>isa.camilleri@gmail.com / 99854942</p>	<p>San Pawl tat-Targa</p>	<p>Isabel Camilleri is currently working as full time Counsellor at the Malta College of Arts Science and Technology. She has been working as a trainee counsellor in an educational setting for a number of years and is highly experienced in working with children, young adults and adults. She is passionate about her work and strives to provide a valuable service to her clients. Her research interests focus on the contributing factors of therapy with distressed relationships. She is a member of the Malta Association for Counselling Profession.</p>
<p>Carmen Bonanno (CCP 033)</p>	<p>carmenbonanno@yahoo.com / 79294207</p>		<p>Carmen Bonanno graduated as a teacher in 1991 and taught for fifteen years in a boys' secondary school. She taught Maltese, PSCD and was also a guidance teacher at the school. The guidance work with the students and their families at the school motivated her to further her studies in the helping profession. She read for the Post Graduate Diplomas in School Counselling (2004) and also in Career Lifelong Learning (2006). She started work at Child Safety Services in 2006. She presently works as a child safety guidance teacher with the Child Safety Service within the National School Support Services. The service is a link between schools and the national investigative agency Appogg. During this time, she has also worked, for two years, as an acting counsellor at St. Nicholas College. In 2012, Ms Bonanno obtained her Master's degree in counselling with her main interest being children and young adolescents. She continued her studies and in 2017 she read for the Post Certificate in Counselling Supervision at the University of Malta.</p>
<p>Patricia Stilon (CCP 084)</p>	<p>patricia.stilon@maltadiocese.org / 79410328</p>		<p>I started my career as a teacher in the Government schools. For a number of years I was also a guidance teacher. Some years after completing the diploma in Counselling, I started working as a counsellor within the Secretariat for Catholic Education. I have been working in church schools for the last 19 years. I enjoy working with young children, teenagers and parents.</p>
<p>Rita Zammit Pace (Certified Canadian Counsellor No 102; CCP 011)</p>	<p>rzpace2@go.net.mt / 79238786</p>		<p>1978MPS (St Paul University, Ottawa); 1986 MA (Individual & Mental Counselling) St Paul U. Ottawa & U of Ottawa, Canada; Practiced in Canada until 1990; 1990-2014 Practiced at Caritas Malta; Retired doing voluntary work in Malta with KVF and Life Network Malta</p>

<p>Mariella Camilleri Falzon (CCP 027)</p>	<p>pinkcarnations.mc@gmail.com / 79051296</p>	<p>St. Joseph Pharmacy Mosta</p>	<p>I worked for 2 years with adolescents at YMCA. I worked for 3 years with adult clients at Caritas. I also had experience working with parents of adolescents with behavioural problems at St. Patrick's for another 2 years. I also worked with individual clients but mainly with couples for over 8 years at Millenium Chapel. Currently I am seeing individual clients with a wide range of issues as well as couple therapy privately at the pharmacy mentioned below.</p>
<p>Erica Bondin (CCP 106)</p>	<p>ebondin26@gmail.com / 79322289</p>		<p>As a counsellor, my priority is to work with the client through a genuine relationship based on trust and respect in order to provide a safe space to share and process thoughts, emotions and personal difficulties. My background is in Criminology (Bachelor of Arts) followed by a dual Masters degree in Transcultural Counselling from the University of Malta and in Community Counselling from the University of Maryland, USA . I specialised my studies on coping styles and attitude towards seeking help. During my studies, I had the privilege to work with adults, teenagers, inmates and migrants whose issues ranged from relationships, trauma, depression, dealing with change, bereavement, and life challenges. Presently, I have been working for the past year as a counsellor in a government college, where I work with school children, parents/guardians and also members of staff. In my current role I work within a psychosocial team of professionals through consultation with the goal of providing the best effective way for our students and their families.</p>
<p>Anna Catania (CCP 028)</p>	<p>annacatania39@gmail.com / 79291817/2545 4573</p>	<p>Zurrieq and Haz-Zebbug</p>	<p>My background is in the Health Sector initially graduating with a first class honours degree in Nursing followed by a distinction in a Masters in Counselling degree. I have a particular interest in working with clients who are having difficulties with sexuality and intimacy. In fact I was a participant of the European School of Sexual Medicine and currently studying psychosexual and relationship therapy in London.</p> <p>I also work with individuals and families facing chronic illness or cancer. In fact my master's research has focused on the experience of men when their partners go through breast cancer treatment. I am also trained to help adolescents process difficulties they face within and outside their familial environment.</p>

**Marianna
Micallef
Grimaud (CCP
058)**

**mariannagrimaud@gmail.com / +356
7926 0008**

Siggiewi

I am a certified counsellor, awarded a Master in Counselling in 2016, and specialising in Community Counselling. I carried out my training at Dar Merhba Bik, Victim Support Malta, as well as within Primary and Secondary state schools. As a fully qualified counsellor, I have experience of working with clients with a wide range of backgrounds and issues. I offer counselling to individuals and couples, and have helped clients, with the following problems:

Abuse, anxiety, anger, bereavement, communication issues, change & transition (work, home, separation/divorce, retirement), crime victims, depression, relationship problems, self-development (personal and professional), self-esteem, stress, trauma, work and career.

As a counsellor, I help people to explore feelings and emotions that are often related to their experiences. I hope to be able to help alleviate my clients' personal distress and suffering, support them in developing a more meaningful sense of self, and increasing their personal effectiveness. The work I provide is based on the recognition that stress, anxiety and dissatisfaction are inherent components of the human condition; and that tools are available to manage and minimize the associated mental and emotional pain.

**Pam
Cuschieri
Demicoli (CCP
034)**

**pamela.cuschieri@ilearn.edu.mt /
79790083**

**Birkirkara,
Mtarfa & Gozo**

Pam aims to provide genuine healing and wholeness to individuals and families. She earned a Diploma in Psychology from the E.I.E., a Social Work Degree and a Master in Counselling from the University of Malta. Pam has over ten years' experience with survivors of domestic violence and their children. She has also provided counselling services in a variety of NGOs. She has a base of experience in counselling children and adolescents. Areas of emphasis with children include anxiety, conduct disorder, attention deficit hyperactive disorder, eating disorders and phobias. Pam also has a base of counselling experience working with adults in a wide variety of settings. Speciality areas include grief, depression, anxiety, trauma and life changes. Pam strives to create a safe and nurturing atmosphere in which individuals can be supported in their efforts to change and grow as well as become reconnected to their strengths.

<p>Gabrielle Bartoli (CCP 108)</p>	<p>g.bartoli.3987@gmail.com / 79398700</p>	<p>I currently work as a Guidance Teacher within the National School Support Services. I also have experience in counselling at Dar Kenn Għal Saħhtek, Cottonera Resource Centre, Salesians of Don Bosco and ADHD Malta.</p>
<p>Alexia Cutajar Conti (CCP 018)</p>	<p>alexiaconti@gmail.com / 99882646</p>	<p>Worked for several years as a secondary school Guidance Teacher supporting students' well being through their personal, educational, social, vocational needs etc - liaising with parents and other professionals when required. Completed counselling practicum hours both within the school setting as well as at a shelter for women and children suffering from domestic violence.</p> <p>Special areas of interest are counselling within the general community and working with families.</p>
<p>Caroline Mercieca (CCP 070)</p>	<p>carolinejmercieca@gmail.com / +35699239186</p>	<p>From a young age I was curious about what people think and feel, how this influences behaviour, and consequently affects relationships and well-being, which led to my decision to study psychology at University. I finished my Bachelor in Psychology (Honours) in 2013 and, after a year working as an LSA, I decided to further my studies through the Master of Arts in Transcultural Counselling. As part of my studies I worked at a number of placements, including organisations supporting victims of crime (Victim Support Malta), individuals with eating disorders (Dar Kenn Għal Saħhtek) and asylum seekers (the Agency for the Welfare of Asylum Seekers). For my dissertation research I chose to focus on the perceptions of migrants living in Malta, and pursued this interest further when I took on the opportunity to participate in a short course on the mental health of migrants in Oslo, Norway.</p> <p>Following my Masters graduation in 2016, I spent some time teaching PSCD at secondary level, after which I started my current job as a Senior Education Support Practitioner (Counsellor) at St. Thomas More College. Within this role I work as part of a multidisciplinary team to support students at primary and secondary level through any social, emotional and educational difficulties they may face. I use a person-centred approach to help students identify and make use of their strengths in order to overcome challenges, improve well-being and become more empowered individuals. As part of my continuous professional training, I am always seeking new opportunities to learn about various therapeutic approaches to further my knowledge and skills, and am especially interested in the use of creativity and art as tools to use with children and young people in therapy.</p>

<p>Mary Rose Meli (CCP 060)</p>	<p>melimaryrose@gmail.com / 99894150</p>	<p>Marsascala</p>	<p>Mary Rose is a Warranted Professional Counsellor. She has worked in the area of Mental Health since 2010 and has recently started working as a Counsellor with families in difficult situations. She also has additional training which includes grief and loss, group work, brain and behaviour and marriage counselling. Mary Rose has experience working with individuals, couples and families; counselling a variety of issues including, premarital and marital, relationships, divorce, anxiety, depression, anger management, self esteem, grief and loss and a variety of other life changing issues.</p> <p>As a Counsellor, Mary Rose enjoys providing emphatic, challenging and insightful support as she journeys with her clients through a variety of challenges they face. Mary Rose understands that our life experience, positive or negative, are building blocks for who we are today and can be effective tools in creating who we aspire to be tomorrow. She believes that with the right tools, emphatic support, and personal determination, we can live our lives to the fullest.</p>
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Dr Elisabeth Leembruggen-Kallberg (CCP 078)
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I've worked with clients presenting with a variety of psychological issues including *anxiety *depression *relationship issues *issues in cross cultural adaptation * identity issues *substance abuse *stress management *career trajectory *career transitions, *bereavement issues *bullying * abuse *body image issues* religious & spiritual conflicts (abortion) *values & conflict resolution and *issues in supervision. My clients range from 16 to 60+ years of age and represent the entire spectrum including LBGT, homo-heterosexual couples, singles/young adults, married with families, refugees and migrants.

I use a variety of counselling techniques including Person Centered, Adlerian Therapy, The Cognitive Therapies (CBT/REBT/DBT), Behavioural Rehearsal, Psycho-education, Solution Focused Brief Therapy and Integrated Therapy, which is my preferred approach.

I have worked with the following institutions serving the following functions: Director, Dr Elisabeth Leembruggen Counselling & Educational Services, 2010 to present; University Counsellor & Adjunct Professor, Webster University - Leiden Campus/NL, 2011 through Summer 2017; Counsellor/Mentor/Lecturer, Azusa Theological College/Free University Amsterdam, NL, 2000 - 2008; Counsellor, The New Business School, Amsterdam, 2008; Counsellor, Hilversum Christian Centre, Hilversum, NL, 2008; Career Counsellor, Right Management Associates, Germany, 1996-1996. I also taught counselling and psychology at Webster University, Leiden and Azusa Theological College@Free University, Amsterdam.

My administrative duties include conducting intake sessions; assembling client histories; writing up psychological reports for referral; administrative reports as required by administration; maintaining/ updating client files; liaising with university departments and other outside sources, specifically local medical centres and local physicians as required.

**Nicky Portelli
(CCP 091)**

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San Gwann, St.
Julian's, Balzan

Nicky Portelli is a versatile, multi-talented professional. His experience and expertise has been gained through years of being exposed to various organisations as well through his studies.

Nicky graduated in Legal and Theological Studies at the University of Malta in 2002 and completed his Law Degree at the same University in 2005.

He has worked in many different roles throughout his career from leading groups of people to re-structuring the family business. As he enjoyed these diverse opportunities, Nicky felt that his passion in life is being with people and helping them achieve their full potential. This led him to further his studies in the field of psychology through the Masters in Counselling which he completed with Merit in 2016.

This Master's Degree has helped him practice his natural talents in a structured and professional way through one-to-one counselling where he finds great satisfaction in working alongside with clients.

**Sandra
Zammit (CCP
098)**

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**Bugibba / San
Gwann**

Sandra is a warranted counsellor with a Masters Degree in Transcultural Counselling from the University of Malta (in collaboration with Maryland University, US), a Higher Diploma in Psychology as well as a General Degree in Psychology from the University of Malta. She is a Principal Education Support Practitioner – (Counsellor) within the Secretariat for Catholic Education. In her work, she provides one to one and group counselling sessions to primary, secondary and post-secondary irrespective of their age, ability, gender, socio-political and religious identity. Additionally, she supports their parents through regular meetings and assists school management teams during crisis situations. In the past she worked therapeutically with both male and female asylum seekers, unaccompanied minors, adults with disability, survivors of domestic violence as well as senior citizens.

In private practice she provides generic counselling services with a special attention to multicultural issues to both Maltese and expats individuals living in Malta. She deals with issues related to mental health and stress management, adjustment to living in a different country, loss and bereavement, issues of injustices, survivors of trauma and abuse, identity issues and self-empowerment, relationships and school related difficulties.

While her training is eclectic in nature, she continuously seeks professional development training in various areas particularly in trauma focused and attachment informed therapy, emotional regulation and play therapy skills, metaphor and narrative therapy, pastoral counselling and spiritual growth.

Ryan Portelli
(CCP 087)

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Rabat / Gzira

Ryan Portelli is currently a Principle Counsellor at Mikiel Anton Vassalli College, that encompasses Giovanni Curmi Higher Secondary School Naxxar, GEM 16+ Gzira and M.A. Refalo Sixth Form Rabat Gozo. He firstly graduated in Psychology, and followed it up by a Post-Graduate Certificate in Education (PSD). He has varied experience in the education section being responsible for teaching, learning support zone and guidance throughout his professional experience, mostly focusing on working with children, adolescents and adults with socio-emotional and behavioural difficulties. He also worked for around 8 years with persons with disability, learning difficulties and their families as well as in training and support to other practitioners in the field. Currently he also tutors students of the University of Malta reading their Diploma in Inclusive Education and also facilitates interpersonal and intrapersonal seminars with medicine students at the University of Malta. Ryan also works with passion and special interest with issues pertaining to the LGBTIQ+ community. Ryan is also an active member of the Malta Association for the Counselling Profession for the past 5 years. In fact he is an executive committee whereby he serves as PRO, Treasurer and Vice-President. Currently he is serving as President of the same association and trade-union. He also served as Vice-President of the Malta PSD association for 6 years. Voluntary work has always been of paramount importance in Ryan's life, infact he experienced various years of working with adolescents and even exchanges abroad.

**Lucienne
Perera Vega
(CCP 101)**

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Fgura

Lucienne Perera Vega read a first degree in Criminology. She read a Masters degree in Counselling at the University of Malta and is currently reading a Post Graduate Diploma in Systemic Family Psychotherapy. Throughout the years Lucienne worked in various settings such as with people in the poverty line, worked with immigrants, and in administration. Lucienne started working in the counselling field since 2012, and worked as a counsellor in state schools, with children, adolescents and their families. Working in different state schools has exposed her to different cultural settings within the local scenario. Lucienne has relative experience with clients who are going through bereavement, separation, domestic violence, health issues, young adults and families who are experiencing mental health issues. Presently, she forms part of the Psychological Services Team within the Foundation for Social Welfare Services. Working in a multi-disciplinary setting gives her the possibility to expose herself to different approaches, different schools of thought and acquire new skills. As a counsellor Lucienne fosters an eclectic stance which is mainly rooted in the humanistic person centred approach but also incorporates the systemic, existential and narrative approaches. She conducts sessions both in Maltese and English language.

**Maria Zammit
Genovese
(CCP 045)**

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79206015

Zurrieq

Maria is a warranted counsellor. After graduating in B.A. psychology and french from University of Malta in 2006, she read a postgraduate certificate in applied systemic theory, with Tavistock / Appogg, in 2007. Following that Maria furthered her studies in gestalt psychotherapy for two years with GPTIM. In the meantime, she read a Masters in counselling at the University of Malta, graduating in 2015. During the past fifteen years Maria has worked in various settings, namely substance abuse, mental health, children and their families (in state schools and independent schools), promotion of equality, migrants and the elderly. Maria now works as a counsellor at Psychological Services within FSWS. She works with children, adolescents and adults. Maria is eclectic in her approach, as she blends the humanistic approach together with gestalt and systemic approaches.

**Silvia Galea
(CCP 043)**

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Gharghur /
Santa Venera

Silvia works as counsellor within the educational sector and as a counsellor supervisor. Her experience covers counselling children, adolescents and adults, couple counselling and family counselling . She has worked in various settings including Appogg, MCAST, MEDE, Red Cross, Ejja Ghandi and UOM.

She also supervises counselling trainees as part of their Masters qualification at the University of Malta and works privately as counsellor and supervisor. Silvia graduated with a B.Psy (Hons); and has an Advanced Post Graduate Diploma from Portman (NHS) in systemic therapy. She has a Masters Degree on Counselling and a Post Graduate Certificate in Supervision. Currently she is working on a PHD proposal and is intensifying her studies in emotional regulation in a multi-family setting.

She is past president of the Malta Association of the Counselling Profession and was also on the board of Directors of the Malta Red Cross for ten years and a member on the technical committee for childcare for five years.

**Yuka Sato
(CCP 127)**

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Sliema

Yuka graduated with Bachelor of Psychology (Japan) and completed Master of Arts in Transcultural Counselling (Malta). She undertook the counselling training with inmates and unaccompanied minor migrants. She offers sessions in English and Japanese. As a counsellor, she has worked with adolescents and adults with a wide range of issues.